

SESSION 2: **KEEP LEARNING**

▶ **WELCOME TO THE INTERACTIVE DIGITAL SESSION GUIDE**

We created this guide to help you process and personalize Jim's content. It contains two sections: Notes and Personal Reflection.

Use the first section to take your own notes during the video. Your notes are private and no one else can read them. We have also provided a downloadable PDF if you would like to print them.

Work through the questions in the second section at your own pace. We suggest you spend at least 15 minutes. The goal isn't to finish quickly; instead, consider how these principles might impact your parenting and your life.

NOTES:

PRINCIPLE THREE: You can't _____ your child's culture.

- Shaped by _____.
- They _____ to live.
- Want a healthy _____.
- Consider tolerance as an essential trait of a _____.
- EMERGING ADULTHOOD
 - A. The Age of Identity Exploration
 - B. The Age of Instability
 - C. The Most Self-Focused Age of Life
 - D. The Age of Feeling In-Between
 - E. The Age of Possibilities and Optimism
- Parenting with A.W.E.— _____, _____, and _____.

PERSONAL REFLECTION

PRINCIPLE THREE: YOU CAN'T IGNORE YOUR CHILD'S CULTURE.

- Do you struggle to understand your adult child's culture? In what ways? What feels foreign?
- How do the cultural differences between you and your child either enhance your relationship or construct a barrier? Try to be as specific as you can.
- Do you spend more time trying to get your children to understand your point of view or trying to understand their point of view? Share about a time when their point of view made more sense than yours.
- Do you often see your way of doing things as "better" or "the right way"? Is it ever difficult for you to let go of the "my way is the best way" mentality?
- Are you surprised by this session's four cultural distinctives that define your child's generation? Which ones in particular?
 - Shaped by technology
 - Work to live
 - Want a healthy marriage and family
 - See tolerance as one of the major traits of a loving person
- Do you ever project your young adult years onto that of your adult child's? Do you find yourself saying things like, "When I was your age. . .," or, "That's not how I did it?" How might such wording be helpful? Harmful?
- Review Jeffrey Arnett's points on "Emerging Adulthood." Which "age" resonates with your Child the most?
 - Instability
 - Self-focus
 - Feeling in-between
 - Possibilities and optimism
- Do you ever feel like you compromise your values when you seek to understand your adult child's values that are perhaps different than yours? Give an example of what this might look like.

ADDITIONAL QUESTIONS FROM THE BOOK

What, if anything, in your adult children's culture has surprised you? How is their culture different from yours when you were their age?

Do you tend to agree or disagree with this generation's view that tolerance is an essential trait of a loving person? If your worldview is that there are some absolute truths, what traits would you consider to be essential in a loving person?

Many parents have identified pornography and cohabitation as two of the biggest changes in today's culture. What is your experience of these "cringe factor" issues? What other cringe factor issues concern you about this generation of young adults and about your children?

Where are your children when it comes to the "faith factor?" How do they view the church and their faith?

Describe your experience of the "messy middle." What does it mean for you to hold on to a solid

SPIRITUALLY SPEAKING

This section is for those who would like to think about the content from a Christian point of view.

“My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak, and slow to become angry” (James 1:19).

- How does this verse help you become a student of your adult child’s culture?

“Set your minds on things that are above, not on things that are on earth” (Colossians 3:2 ESV).

- How would a renewed focus on “things that are above” help you navigate your relationship?